

7-days Structured Erasmus+ Course in Helsinki (Finland) & Tallinn (Estonia)

Arrival on Saturday and departure on Sunday (arrival and departure day can be +- 1 day depending on availability of flight tickets for the participants)

Venue

The main venue during our courses is always in Helsinki city centre or Tallinn Old Town, so you can book any accommodation in Helsinki or Tallinn (check out the accommodation paragraph for more info). On several days we will visit schools as well, so than we will meet at the central railway station in the morning.

Costs

Participants will pay for the travelling costs, commuting, accommodation and food from their own budget provided by the EU.

Course fee is paid by bank transfer before the course starts, cash payments can also be accepted upon request. Billing and invoicing questions contact us directly by email: arne.verhaegen@edufuture.eu

Flights

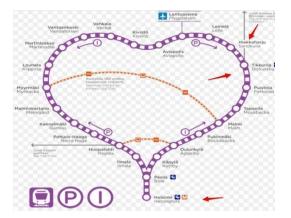
The best way to find cheap tickets online is trough websites like <u>www.momondo.com</u> or <u>www.skyscanner.com</u>, afterwards you could always check on the for instance the Lufthansa or Norwegian website if they offer the same flight for a better price. The best time to book is between 3 months to 1 month before the course starts (according to travel websites).

Helsinki airport

Before you arrive to Finland you can already install the HSL app for the public transport in Helsinki. It will make it very easy for you to check the routes and buy your tickets online, the app is also available in English. If you arrive at Helsinki airport you can of course also buy your tickets at the vending machines or at R-Kioski (yellow kiosks everywhere in the Helsinki Capital Region) https://www.finavia.fi/en/airports/helsinki-airport/access

If you need more info about how to buy a ticket for public transport at the airport check out the HSL website link <u>https://www.hsl.fi/en</u>

The Ring Rail in Helsinki Capital city area:





Accommodation in Helsinki

You can practically book any accommodation you prefer as long as it's in Helsinki (not Vantaa or Espoo, the other two cities making the bigger Helsinki Capital Region). During our courses our main venue will always be somewhere in the city centre, close to the central railway station, and when we go for school visits, we will meet at the central railway station and travel together. The public transport in Helsinki is very simple and safe (you have for instance only one metro line), so wherever you book in Helsinki, you won't be more than 30 minutes away from the central railway station. For good accommodation we recommend looking via the usual suspects <u>www.booking.com</u>, <u>www.airbnb.com</u>, <u>www.momondo.com</u>, <u>www.forenom.com</u>, or any other provider you like or are used to working with.

Transportation in Helsinki

If you arrive at Helsinki airport you can buy your tickets online via the app, at the vending machines or at R-Kioski (yellow kiosks everywhere in the Helsinki Capital Region). Depending on where you are staying in Helsinki, you can opt for a 5-day AB zone ticket (or more days depending on when you arrive) or just a single ticket every time you travel if you do not need the use the public transport that often. Remember that when we visit schools, we will use public transport.

To check the venues and how to get there, please use the HSL mobile journey planner in app or via the website https://www.hsl.fi/en

Meals in Helsinki

There are many restaurants around our course venues providing lunch for around $\leq 10/\leq 15$ per person. Lunch break is at noon and coffee/tea breaks in the morning and afternoon. You may also bring your own lunch box with you to the venue if you prefer.

Insurance

The insurance for our structured Erasmus+ courses only compensates accidental damages that are caused by participants or trainers during our courses. It does not cover illnesses or losses, and therefore all participants should have a valid travel insurance of their own.

TRIP TO TALLINN – FERRY TRANSFER

We recommend taking a ferry on Thursday afternoon or evening to Tallinn and you are free to leave Tallinn again on, Saturday or Sunday, depending on your flight tickets. It is also a possibility to take a ferry back to Helsinki and fly from Helsinki if that would be more convenient for you. The ferry takes approximately 2 hours and costs around €30 one way. We recommend booking the Eckerö Line ferry at **15:30** via <u>https://www.eckeroline.com/</u> or the Tallink Silja Line ferry at **16:30** via <u>https://en.tallink.com/en/book-a-cruise</u> on Thursday afternoon.



Accommodation in Tallinn

In Tallinn we recommend booking any accommodation of your choosing in or around Tallinn old town. Tallinn's old town is one of the most fairylike cities in Europe, so to fully enjoy, stay somewhere close and central. For accommodation we recommend looking via the usual suspects <u>www.booking.com</u>, <u>www.airbnb.com</u>, <u>www.momondo.com</u>, or any other provider you like or are used to working with.

Transportation in Tallinn

In general, we will use private busses to get to the schools in Tallinn, no public transport card is needed if you book your accommodation in and around Tallinn Old Town.

Meals in Tallinn

There are many restaurants around our course venues providing lunch for around €10/€15 per person. Lunch break is at noon and coffee/tea breaks in the morning and afternoon.



FI26443408

EduFuture +358 40 965 1169 www.edufuture.eu